**The Astonishing Power of the Bio-Physical and Subtle Energies of the Human Body**

 The book, The Astonishing Power of the Bio-Physical and Subtle Energies of the Human Body, really explained a lot of science which I couldn’t understand before. In Biology Class, I was not able to understand how the cell does all it does with such an inefficient ATP-making process and the need for so much energy. But I realized that the iron and other metals in our blood have a charge, making us literally “living magnets.” And with the earth and other cosmic bodies’ magnets reacting with ours, the cosmic bodies’ are basically “charging our battery”, providing us with energy to live. I was a little doubtful about this book at first, but after reading a page, I read the rest of the book with great interest. After all, if one page could change my view of science, what could the whole book do?

 The book starts out by saying the living system of the human body is like a magnet, and the more “powerful magnets” attract more people than others with their liveliness. People that have a “strong magnet” are usually healthier, wealthier, and happier than others. Other people usually look dull, aren’t healthy, and don’t attract that many people. Attractiveness isn’t how good you look; it is how influencial you are. A body-builder may not arouse good feelings, but a great president certainly does. Mahatma Gandhi, Martin Luther King Jr., and Adolf Hitler all are examples of people who are “strong magnets.” However, the ones that succeed are the ones who are positively charged “strong magnets”.

 So what causes this life giving magnetism? The earth, the sun, other cosmic bodies, and other living beings empower this force. When one is around bad people, the negative magnetism gets transferred from the bad people to him. The opposite happens in the presence of good company. This is all caused by the transference of bio-magnetism.

 There have been some extraordinary cases of people who have an abnormally strong bio-magnetism. One girl at the Maryland University was able to hang a metal rod in mid-air with the touch of her finger. A lady named Ms. Clair, with a little stimulation, could attract knives, spoons, and other metal objects. Frank Mac-Quinstry had a hard time walking because he literally stuck to the ground. This just goes on to prove that bio-magnetism exists.

 Mesmerism, the art of healing by touch, is caused by bio-magnetism. Dr. F. A. Mesmer, founder of Mesmerism, was troubled by the fact that he couldn’t heal his patient with any FDA approved medicines. In a desperate attempt to help his patient, Dr. Mesmer waved his hand over his patient. Miraculously, the patient was cured! Dr. Mesmer realized that his bio-magnetism was transferred into his patient, giving him more energy. This is only one of the uses of bio-magnetism.

 Dr. Bernard Grade was experimenting with psychic healing, and he compared normal water with water touched by a psychic healer. The “psychicized” water had only 97.04% hydrogen bonds, compared to the 100% of normal water. This abnormal water cured patients and increased the growth of plants. Dr. Grade realized a small electric current must have caused the destruction of some of the hydrogen bonds. This small electric current, he realized, was bio-magnetism.

 I learned that bio-magnetism was the source of life for human beings and other life forms. It causes an immense aura around oneself, and interestingly, some people can read your future from one’s aura. This bio-magnetism explains how the body survives off such a little amount of energy even though the human body has so many metabolic processes, and how people like psychic healers heal people. This book has showed me a new way of looking at science.

There are so many things about bio-magnetism in this book that I haven’t discovered. Maybe chapter four, which I didn’t understand, has information far more unbelievable than the rest of the book. This book has so much knowledge, and India has a book like this on almost every subject. How much information have we not discovered yet; information that could truly change the way we think?